

# Grant us to see our own sins

ORAN ANTON MUSIC, Man with joined hands, 1994

## *Prayer for Lent*

Lord and Master of our lives, keep far from us the spirit of futility, discouragement, lust for power, and empty speech

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Lord and Master of our lives,  
keep far from us  
the spirit of futility,  
discouragement,  
lust for power,  
and empty speech.

Grant to your servants  
the spirit of chastity,  
humility,  
patience  
and enduring love.

Yes, our Lord and our king,  
grant us to see our own sins  
and not to judge our neighbours.  
For you are blessed for ever.  
Amen.

*St Ephrem the Syrian*  
*Prayer for Lent*